

GHK-Cu

Category: Healing & Recovery

Description

Glycine-Histidine-Lysine Copper is a naturally occurring copper complex found in human plasma. It stimulates wound healing, collagen synthesis, and has potent antioxidant and anti-inflammatory effects.

Protocol & Dosage

Recommended dosage: 1-2 mg per application or injection, 3-5x weekly

Biological half-life: 2-3 hours

Administration: Subcutaneous injection (typical)

Key Benefits & Mechanisms

- ✓ Wound healing acceleration
- ✓ Collagen and elastin synthesis
- ✓ Antioxidant protection
- ✓ Hair follicle stimulation
- ✓ Skin remodeling

Side Effects & Safety Profile

- ✓ Skin irritation with topical use
- ✓ Mild copper taste
- ✓ Rare allergic reactions

Important Disclaimer

This document is provided for educational and research purposes only. Peptides discussed herein are not approved for clinical use without physician oversight.

Never attempt self-administration without professional medical supervision. Black market peptides can be contaminated, mislabeled, or dangerous.