

P21

Category: Cognitive

Description

P21 is a synthetic peptide derived from CNTF that promotes neurogenesis in the hippocampus. Research in rats shows significant improvements in spatial memory and neuroplasticity.

Protocol & Dosage

Recommended dosage: 100 300 mcg subcutaneous, daily for 2 4 week cycles

Biological half-life: ~2 hours

Administration: Subcutaneous injection (typical)

Key Benefits & Mechanisms

- √267 Hippocampal neurogenesis
- √267 Memory improvement
- √267 Neuroprotection
- √267 Anti-amyloid potential
- √267 BDNF-independent neurotroph

Side Effects & Safety Profile

- √267 Limited human data
- √267 Potential headache
- √267 Injection site reactions
- √267 Long-term effects unknown

Important Disclaimer

This document is provided for educational and research purposes only. Peptides discussed herein are not approved for clinical use without physician oversight.

Never attempt self-administration without professional medical supervision.

Black market peptides can be contaminated, mislabeled, or dangerous.