

# Relaxin

## Category: Healing & Recovery

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### Description

Relaxin is an insulin-family peptide hormone that remodels connective tissue by increasing collagenase activity while inhibiting fibrosis. It shows strong anti-fibrotic effects in the heart, kidneys, and lungs.

### Protocol & Dosage

Recommended dosage: 25 400 mcg/kg IV or subcutaneous in clinical trials

Biological half-life: 10 15 minutes

Administration: Subcutaneous injection (typical)

### Key Benefits & Mechanisms

- ✓ Anti-fibrotic
- ✓ Connective tissue remodeling
- ✓ Vasodilation
- ✓ Cardiac protection
- ✓ Lung fibrosis treatment potential

### Side Effects & Safety Profile

- ✓ Hypotension
- ✓ Flushing
- ✓ Nausea
- ✓ Headache

### Important Disclaimer

This document is provided for educational and research purposes only. Peptides discussed herein are not approved for clinical use without physician oversight.

Never attempt self-administration without professional medical supervision. Black market peptides can be contaminated, mislabeled, or dangerous.