

Selank

Category: Cognitive

Description

Selank is a synthetic heptapeptide based on tuftsin sequence with added stabilizing amino acids. It modulates the GABAergic system and enhances memory and stress resilience without sedation.

Protocol & Dosage

Recommended dosage: 250 3000 mcg intranasal or subcutaneous daily

Biological half-life: 1 2 hours

Administration: Subcutaneous injection (typical)

Key Benefits & Mechanisms

- ✓ Anxiolytic

- ✓ Memory enhancement

- ✓ Anti-stress

- ✓ Antidepressant effects

- ✓ Immune modulation

Side Effects & Safety Profile

- ✓ Mild sedation

- ✓ Nasal irritation

- ✓ Asthenia (rare)

Important Disclaimer

This document is provided for educational and research purposes only.

Peptides discussed herein are not approved for clinical use without physician oversight.

Never attempt self-administration without professional medical supervision.

Black market peptides can be contaminated, mislabeled, or dangerous.